



Christ College

NEWSLETTER

2025-2026

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Principal's Address

Learn Diversely, Embrace Blissfully

This academic year marks the beginning of a new development cycle for our school. After thorough reviews and planning, we have established a new three-year school development plan with two key focuses:

1. Utilizing diverse learning strategies to enhance self-directed learning effectiveness;
2. Promoting positive well-being education to cultivate civic and moral integrity for future citizens.

This year's school theme is "Learn diversely, Embrace Blissfully." The theme scripture, "So I do not run aimlessly; I do not box as one beating the air." (1 Corinthians 9:26), reminds us that learning must be goal-oriented and strategic, employing different methods to strive in the right direction. The school is deeply committed to caring for the students' physical, mental, social, and spiritual needs. In this new term, we will further strengthen positive well-being education, hoping to help students build a healthy life. Last school year, we engaged in many exchanges and discussions with various stakeholders, which gave us a new class schedule and assessment arrangement for the new academic year to better align with the current curriculum and the needs of teachers and students.

We thank God for His timely provision, which has allowed the school to add many new facilities. These include the installation of the latest smartboards in all classrooms, turning them into interactive learning spaces; the addition of archery equipment in the fifth-floor chapel; the replacement of all desks and chairs in the S.6 classrooms; the renovation of the English Corner and the school office; and a complete repainting of all school corridors. Combined with the earlier resurfacing of the school playground, the campus has been completely revitalized this year. You cannot make bricks without straw, therefore, we thank the Lord for providing us with a more comfortable learning environment—a fertile ground for nurturing students' growth and establishing the work of our hands.



The school continuously strives to improve its systems and environment, and we also promise the students' growth in mindset. American psychologist William James once said, "Watch your thoughts, they become words; watch your words, they become actions; watch your actions, they become habits; watch your habits, they become character; watch your character, for it becomes your destiny." In other words, to achieve a successful life, the first thing we must change is our attitude. By changing our attitude, we can change our actions; by changing our actions, we can change our habits. I particularly emphasize the fact that, to successfully cultivate good habits, we can often start with small actions. These "micro-habits" are tiny, easy-to-maintain actions that may seem insignificant but, accumulating over time, can bring about profound changes—even altering our destiny!

I recommend that everyone try spending a little time each day reflecting on their goals and considering what small step they can take today to move closer to those goals. Then, strive to act on it daily. This way, we not only establish direction but also gain momentum to practice, making it easier to achieve our objectives.

The new school year is a fresh start. This year, the school will strengthen the cultivation of "Strategic Learning" as a quality of a Christian scholar. Let us work together to integrate more positive micro-habits into our daily lives, helping ourselves to grow and make breakthroughs in the new year. May God bless you all! Thank you.

Principal Wong Kon Man



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Alumni's sharing

Lio Ka Lai, Ethan

Bachelor of Materials Science and Engineering

The Chinese University of Hong Kong



How Christ College Shaped My Journey

Christ College has truly transformed my life. I often wonder what path I would have taken without CCST. As a child on the autism spectrum, even small changes used to overwhelm me. So when I transitioned from primary school to CCST in Form 1, it felt like stepping into a completely unfamiliar world. Adjusting to the new environment and connecting with others was incredibly challenging.

But over time, things began to shift. My teachers noticed my struggles and, more importantly, saw potential in me. They encouraged me to participate in various competitions and join school teams, helping me grow both personally and skill-wise. It was a blessing indeed.

One moment that truly changed me was when Miss Chow, our art teacher, invited me to join the school's photography team after seeing some of my photos. I eagerly accepted. Through photographing school events, I not only enjoyed capturing golden-hour moments with my camera, but also learned valuable lessons in teamwork and adapting to dynamic situations.

Thanks to CCST, I've been able to transition into university life with confidence. Although my HKDSE results weren't very outstanding, I made thoughtful choices through JUPAS. So, to anyone feeling discouraged by exam scores—remember, making smart decisions based on your strengths and circumstances can make all the difference.

Hong Wan, Don

Human Movement Science and Health Studies

The Chinese University of Hong Kong



Cherished Memories and New Beginnings

Since graduating, I've found myself missing my life at Christ College more than I ever expected. Over my six years there, the school gave me countless wonderful memories—like sharing lunch with my best friends and chatting during recess. Those simple moments were truly some of the happiest in my life.

Now, I'm an undergraduate at The Chinese University of Hong Kong. The transition has been challenging, making me a bit stressed. The academic content is more complex, and I'm learning to communicate with classmates from diverse backgrounds. Life at university comes with its own set of obstacles, but I remind myself to stay resilient—just as Christ College taught me.

I've also decided to step out of my comfort zone and embrace new experiences. I'm joining different societies and sports teams to broaden my horizons. Beyond textbook knowledge, I hope to develop essential soft skills like communication and organization, which will help me prepare for my future career.

Christ College will always hold a special place in my heart. To current students: treasure your time there—it's a foundation that will support you long after you graduate.

Tsang Yau Chun, Jimmy

Bachelor of Science

The Chinese University of Hong Kong



A Journey of Growth at Christ College

My secondary school life at Christ College was filled with unforgettable experiences and meaningful memories—not only from academics, but also from many other aspects that enriched my personal growth.

Academically, I received tremendous support from my teachers. Whenever I faced challenges, they fully supported me and spared no effort to help me overcome the obstacles. During my study leave before the HKDSE exam, for example, they marked past papers for me almost daily and provided detailed feedback that truly helped. Their encouragement kept me going, especially during moments when I felt lost in my studies.

Beyond academics, Christ College offered countless opportunities to enhance my soft skills. One highlight was the 70th school anniversary celebration two years ago. I was given the chance to take on leadership roles and help organize various activities, including the open day—an experience I'll never forget. Through this, I strengthened my leadership and communication skills and built lasting connections with fellow students and teachers. The supportive and caring atmosphere at Christ College is truly awesome!

Now, as a student at CUHK, I often find myself missing Christ College. University life is flexible and full of freedom, allowing you to explore your interests more deeply. However, self-discipline is key. I hope all of you enjoy your time at Christ College and eventually find your way to your dream schools. Treasure every moment—it's a journey worth remembering.

SO Tsz Lap, Jerry

Bachelor of Education in Physical Education, Exercise Science and Health

The Chinese University of Hong Kong



From Christ College to CUHK: A Journey to Remember

Even though I've graduated from Christ College and am now enjoying a fulfilling university life, I still cherish the wonderful memories I made during my secondary school years.

At Christ College, I met many kind and supportive teachers and friends. The teachers were incredibly patient and always willing to help. Whenever I encountered difficulties in my studies, they would explain concepts in detail and provide us with plenty of practice materials—mock papers, advanced exercises, and more. Their dedication truly helped me grow academically.

My classmates were just as supportive, especially during the HKDSE preparation period. We shared resources, revision notes, and even exchanged study techniques. That spirit of collaboration made the journey much more manageable and meaningful.

University life at The Chinese University of Hong Kong is quite different from secondary school. The campus is vast and built along a mountain, so getting to lectures sometimes feels like hiking—or waiting for the shuttle bus! Still, I genuinely enjoy studying at CUHK. The campus is surrounded by trees, and the fresh air creates a peaceful learning environment.

Christ College gave me a strong foundation, and I'm grateful for everything I experienced there. To current students: treasure your time—it's a chapter that will stay with you forever.

Lai Tsz Him, Marcus

Bachelor of Science (Hons)

Hong Kong Baptist University



A Gentle Exhale: My Journey Beyond Christ College

Graduating from Christ College doesn't feel like an ending—it feels more like a gentle exhale after a long, meaningful journey. Over the years, I've collected countless memories that I'll carry with me forever: performing with the school orchestra during the 70th anniversary celebration, running the 1500 meters, and studying with classmates after school. These moments helped me build lifelong friendships and gave me the strength to keep going. Whenever I faced challenges, my teachers were always there to support me.

Being a CHRISTian at Christ College was never just about gaining knowledge. It was about living out the values we were taught: caring that shows up, humility that listens, resilience that keeps us moving forward, integrity that stands firm in the dark, strategic learning that thinks two steps ahead, and thankfulness that finds joy in ordinary days. Christ College didn't just teach us subjects—it prepared us for the journey ahead.

Now, as a university student, everything feels new—new lectures, new faces, and a new rhythm to life. But no matter how far I go, I'll never forget what I experienced at Christ College. If I ever have the chance, I'd love to return—not as a student, but as a teacher, standing at the front of the classroom to help nurture the next generation of CHRISTians.

Luk Wing Kan, Maverick

Bachelor of Arts in Creative Media

City University of Hong Kong



Studying at Christ College was truly a blessing. I'm deeply grateful for everything I gained during my time there—the beautiful memories, enriching performing experiences, precious friendships, and countless lessons that shaped who I am today. I was fortunate to meet many amazing teachers and friends who supported me through every challenge, helped me explore my potential, and stood by me during difficult times.

Most importantly, Christ College was the place where my dream of pursuing Performing Arts began to take shape. Over the past six years, I immersed myself in various forms of performance—singing, acting, and joining the choir, A cappella group, and English drama team. These experiences sparked a deep passion for performing and set me on the path to chase my dream.

Now, as a student at the School of Creative Media, I've spent nearly a month surrounded by talented individuals excelling in diverse fields. Their creativity inspires me to push beyond my limits and continue developing new skills. I believe that "humans are like sponges—we absorb everything around us." Changing environments helps us see the world from different perspectives. Staying humble, being open to learning, and embracing challenges are key to achieving anything we set our minds to.

I hope to see you again in the future—perhaps in the theatre! If you happen to catch me performing on stage, feel free to snap a photo during the curtain call and come say hello after the show. Wishing you all the very best on your own journey.

Chung Wing Yan Diana

Bachelor of Fine Arts (Honours) in
Theatre and Entertainment Arts

Audio Arts The Hong Kong Academy
for Performing Arts



Reflecting on my years at Christ College, I see a transformative journey that unfolded largely on the school stage. Whether it was an intimate lunchtime concert, a seasonal singing event, or the grand stage of our school's 70th Anniversary English Musical, I found a second home in the glow of the spotlight. With each performance, my confidence grew, and a profound, previously unknown passion was ignited.

These were not merely extracurricular activities; they were the catalyst for my future. It was on that stage that I discovered a love for the performing arts, learning the power of expression, the meaning of dedication, and the pure magic of connecting with an audience. This passion ultimately guided me to my current studies in the Bachelor of Fine Arts (Honours) in Theatre and Entertainment Arts (Audio Arts) at The Hong Kong Academy for Performing Arts.

My university journey has already begun with a deeply affirming experience: co-creating and performing in my first production, *Interstage 2025: stillness*, with singer Ashley Lin. This project has solidified my belief that I am on the right path. For this clarity and the courage to pursue it, I owe a profound debt of gratitude to my alma mater. Christ College provided more than an education; it gave me a dream and the platform to find it. I will always be thankful.



Cheung Lok Hin, Ken

Bachelor of Science,

The Chinese University of Hong Kong



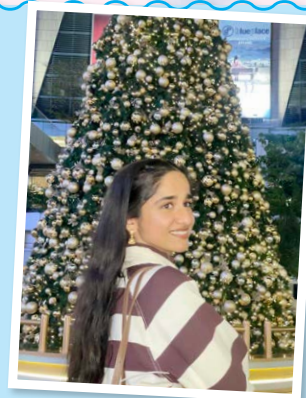
I am immensely grateful for my time at Christ College, which provided me with countless unforgettable experiences. The teachers at CCST were exceptionally supportive and friendly. What set them apart was their genuine care for students' emotional and mental well-being, which they valued just as much as our academic achievements. This is not to say that they did not focus on our studies; rather, they created a positive and nurturing environment to ensure we could find joy and happiness throughout our school life. Furthermore, with great patience and dedication, they guided us in discovering our own interests and aspirations. For this, I will always cherish CCST.

Thanks to their unwavering support and encouragement, I achieved my desired results in the HKDSE and am now pursuing a degree in Science at The Chinese University of Hong Kong. While this marks a new chapter in my life, I feel fully equipped to tackle the challenges of university. My secondary school education did more than just prepare me academically; it equipped me with the resilience and independence needed for adulthood.

Our NET Teacher's Introduction

Hello everyone, it has been such an amazing time and an honor getting to know the Christ College family, and I look forward to all that's ahead.

I am a proud Hong Konger of Indian descent. My parents are from North India, Punjab, and I've learned all about my Indian heritage through them, Bollywood, and social media. Similarly, born and raised in Hong Kong, watching Come Home Love over dinner and Stephen Chow's comedies on weekends helped me connect with my Chinese side. "Home" Kong is the place I am most familiar with and where my dreams were born. I speak six different languages, and I love them all equally. Growing up with this background, it was hard not to fall in love with language and culture.



I enjoy ALL forms of art. More than just appreciating art, I love analyzing it. A bold painting or a delicate one, songs, poetry, debates, theatre, dance, a good movie, a cozy book, an aesthetic Instagram reel... Also, I am an avid reader; my comfort books, which I never get weary of include Pride and Prejudice, The Miracles of the Namiya General Store, and A Man Called Ove. My passion for stories doesn't stop on the page. I too believe that "It is better to travel ten thousand miles than to read ten thousand books." So, whether it's a trip overseas to a foreign land where I don't speak the language, or a simple break to one of the old fishing villages or islands here in Hong Kong, I love both.

My love of teaching comes from many sources, like my own English teachers and circle of teacher friends, who showed me how language can convey love. There are many perks of being a teacher, learning from my students as well, the latest internet slang or the daily dose of class gossip always makes me smile.

Working with a team of professionals who are not only excellent at what they do but also passionate about improving themselves and their students' lives is incredibly inspiring. I am excited to meet all of you and learn about your passions and interests.

Ms. Kaur Beroinder

Greetings students and parents. I am really happy to have joined the family of Christ College. I'm looking forward to the coming months and years in which I hope to offer my skills, knowledge and experience to add to the English Department team!

Let me give a brief personal introduction: I'm a British father of two and my kids attend local schools in order to inculcate good Cantonese at an early age! I met my wife in the UK while at university and, as she is a Hong Kong person, it seemed natural to continue my teaching career here. At this point almost half my life has been spent on this side of the world and I have to say, Hong Kong feels like home now. As a result, I have come to hold a deep and abiding respect for the spirit and integrity of 'HKers' and it is true to say I continue to learn and grow through working with students and alongside teachers here.



Professionally speaking, I love Language arts and also enjoy creative collaboration to produce performance English. In addition, I have a special interest in helping students achieve their potential in public examinations, particularly in Paper 4, Speaking. I have taught English Language, Literature and Religious education in the UK, Singapore and mainland China but predominantly here in Hong Kong. My personal teaching philosophy attaches high value to a constructive teacher-student relationship. I have seen both under-achieving students progress and elite students excel as a result of the positivity that comes from professional care and mutual respect between students and teachers.

Mr. Thomas Neil Kenneth

Activity

Christian Rally 2025

3D CHAN YEE LAM ELIM, 3D LAU TSZ YING RACHEL

The Christian Rally this year was held on 19th September in the afternoon. Before the main event began, teachers and students gathered to praise the Lord with 2-3 hymns. The atmosphere was peaceful and reverent.

This year's theme was "A School of Fish." Before the event, the Christian teachers and students were given a "fish" keychain with the word "Jesus" on it. You might think that it represents "five loaves and two fish", but it is not. Pastor Leung explained its significance: 'The Greek word for fish is "IXTUS", which is an abbreviation for "Jesus Christ, Son of God, Savior". Long ago, Christians were persecuted by the Roman government. However, Christians didn't give up easily and created a symbol—the fish—to recognize their fellow believers.'

This demonstrates the resilience of early Christians. Today, believing in Jesus Christ remains challenging in some countries. For example, in Somalia, Christians must exercise extreme caution. Christian women there must cover their hair in church, even though they are not Muslim, to avoid persecution for their faith. Despite these hardships, they find strength through the Holy Spirit, experiencing peace that comes not from themselves but from God. They feel warmth and joy when gathering with their brothers and sisters in faith.



We are grateful for the religious freedom we enjoy in Hong Kong. More than 30 students have volunteered to become fellowship members, and we welcome anyone who wishes to join our fellowship!

English Activity

Happy Friday Podcast

Tune in and hear what's buzzing! Our Happy Friday Podcast is where students take the mic to share their stories, hot takes, and brilliant ideas in interviews. Don't miss out on the voices of our school!



English Club

The English Club is brewing a lineup of epic activities for the year. From the mind-bending Mystery Games, Scavenger Hunt, a Typing Competition, Creative Writing Workshops to a vibrant Cultural Day, the fun never stops!



Christian Life Coach Program

S1 students recently bonded during our Christian Life Coach program, tackling trivia challenges and creating presentations about their new school. It was a powerful experience that built new friendships and boosted everyone's confidence.



Murder Mystery

Our English Ambassadors became detectives for a Murder Mystery in October. The game was a whirlwind of clues, accusations, and plot twists that kept everyone on their toes until the very end!



F.4 Training Camp

If we stay together, even if the challenges in front of us are not easy to handle, we can still overcome them!

The most important thing is not the result, but the things we can learn from solving the problems. ☺

Yu Cheuk Wing, Wing (4D)

I've learnt how to communicate with my classmates and how to encourage others. What a wonderful camp!

Su Kai Yin, Kenny (4A)

The Form 4 training camp marked a meaningful milestone for newly promoted students as they embarked on their senior secondary journey. Held annually, the camp is designed to equip Form 4 students with the essential skills and values needed to navigate the challenges of the next three years.

The camp this year took place from October 2nd to 4th, featuring a dynamic lineup of team-building activities such as Team Wall, Reach the Ball, and Raft Building. Through these experiential challenges, students not only strengthened their teamwork but also cultivated core values including integrity, responsibility, perseverance, empathy, and commitment.

The camp was filled with unforgettable moments—some brought tears, others sparked laughter. Let's hear what the students had to say about their experience.

From the training camp, I've learnt the importance of teamwork, and I should have more communication with my classmates. ☺

Lo Yan Tung, Chloe (4B)

Thanks school for giving us this opportunity to join this camp! ☺

Chen King Lam, King (4B)

The camp was fun! ... I've learnt how to be nice to my classmates and the people around me. ☺

Li Ying, Yan (4C)

LAM LAM ROSE 4D (13)

I had never been in a boot camp before, however, through this three-day experience, I can tell you confidently that my horizons have been opened, and all the hard work has improved my attitude, helping me to be more active and productive.

There aren't many chances for the students in our school to explore into the outer world, and work together as a whole team, so the boot camp gave us all an extraordinary opportunity to learn how to solve problems with one another without the help from our teachers, all the classmates needed to participate and contribute for the best possible solution. It may be hard to concentrate throughout all the sessions, nevertheless, with the support and encouragement of our leading students, everyone dipped in the enthusiasm and the energy of the activities right away, no one was holding back. We were putting our shoulder to the grindstone and coped with the difficulties altogether, the sweat we had, the unbearable heat for hours, then finally, we succeeded, that was the greatest feeling of being in the team!

I would say that the coaches know what we are afraid of, every time we didn't achieve the goal, 'Do it again!', 'Run

the whole court in under 1 minute!' It's harsh undoubtedly, but it also gave us the push factor to do the task perfectly. As a result, besides relying on the instructions given by the coaches, we would practice the marching spontaneously until satisfied.

The most memorable task is definitely the wall-climbing, although it was the final task, it was the first time for the whole form to come together and break the impossible. When the coach was explaining how we were going to accomplish, all I could think about was there's zero possibility we would make it through, the whole form is over 100 people, additionally, there's only a handful of people who were brave enough and willing to lift the weights of all the students. In the process, the coach stopped us constantly, I thought that was because the time limit had already been exceeded, especially when it came to the heavy-sided fellow participants, the encouragement was only a sleight of hand to tell us not to give up, but the effort broke the destiny. Not only did we do it without failing, the time left surpassed all our expectations. We still had almost 3 minutes before the timer ran out! No words could describe how the heartening feeling filled our chests nor what we took to manage the unbelievable task.

I gained so much from this camp, the friendships, the teamwork, the love and commitment, will never be forgotten.



我們的新血

王婉榕老師

在基督書院的第一個教學年悄然而過，回想起這一年，有笑有淚。第一年成為老師，總有遇上困難、迷惘的時候，感恩基督書院的學生主動、活潑，在我失意時遞上紙巾，在我迷惘時寫信、寫卡鼓勵我，在平日常常主動與我攀談，讓我體會到「基督徒」的精神與關係的美好。

這一年的教學路，讓我重新想起決定成為老師的那一刻，當初只是盼能將佔據生命約三分一的時間活得有意義，想着能找一份充滿意義的工作，想起小學、中學的老師們，在他們的教導下我才能成長為擁有明辨是非和索求真理的能力，所以才萌生出「為老師這份工作『打一輩子工』也不錯」的想法。但這一年間，看到學生們對學習的態度、面對朋輩關係的處理方法、遇上是非的判斷時，我常想起張曉風女士所寫的《我交給你一個孩子》，文章寫道「你們將飲之以瓊漿，還是哺之以糟粕？他會因而變得正直忠信，還是學會奸猾詭詐？」我，作為一位老師，除了知識上的教導外，我是否能以我的生命影響學生們的生命？我是否能成為一位育人成長的老師？

現今世代變化多端，學生在成長的過程要面臨的挑戰也越發增多，箴言22:6節寫到「教養孩童走當行的道，就是到老他也不偏離。」願神親自帶領，讓我和基督書院的學生一同成長。



李文傑老師

在24-25年我有幸加入基督書院。在過去一年，我成為了中一班主任，陪著中一同學經歷許多大小事。這些時刻或許失意，或許快樂。不過無論如何，能夠見證同學的成長，在不同領域發光發亮，我深感欣慰。這個亦是我想成為老師的原因。於我而言，老師不只是一份工作，更有著「同行者」的身份陪伴學生一同成長。

踏入服務基督書院的第二年，我深深體會到同學的熱情與淳樸。課後總有同學會找老師，不單是學術交流，更會分享生活事，或者傾訴自己的難處與心事。我曾經試過在工作疲乏時，收到同學的一顆喉糖致以慰問。這種會互相信任與彼此關懷的關係，讓我覺得基督書院是個溫暖的地方。



張禹彬老師

去年於大學畢業後，成為職場「新鮮人」，第一份工作就是在基督書院這裡。從剛開始的懵懂，到一年後的現在，回望過去，越覺自己來到這個地方工作，是出自神的恩典和帶領。

初到基督書院，內心已被這裏的溫暖氣氛所感染。看見師生關係融洽，所分享的除了課堂知識之外，還有日常生活的一點一滴。這一切都提醒自己，傳授書本知識固然重要，但更重要的是能參與在同學們的生命當中。

一年過去，有幸經歷了學校各樣大大小小的活動，不禁佩服基督書院同學的活潑熱情和多才多藝。也見證著同學為了各項活動全情投入，不計得失，一切都成為珍貴的回憶。

期盼接下來能認識更多同學，透過更多的交流，以「基督徒」的身分去彼此鼓勵。在接下來的路途上一同前行，一同成長，一同發掘生命的豐盛。



王胤稀老師

時光飛逝，加入基督書院這個大家庭已有一年。猶記得剛初出茅廬的我曾惴惴不安，為身份的轉變而不安著；為教學的挑戰而不安著；為內心的焦慮而不安著。

但在這一年間，起初的不安慢慢褪去，這一切都有賴基督書院一眾溫暖的教職員和學生。活潑可愛的學生在課堂和興趣上總是認真投入，課後亦總會與老師分享自身的苦與樂，師生之間的關係和睦；友善有愛的同工為我樹立了榜樣，使我時刻都能感受到他們的教學熱誠。前輩們總會樂於引導和支持，讓我感受到前所未有的溫暖。

能加入基督書院這個大家庭實在是無比感恩，在這裏遇到的人與事都令我感到窩心，使我得以成長。我相信基督書院中的這份愛會繼續延續並溫暖每一位基督徒。同時，亦願我能與學生們共同成長，繼續實踐教學初衷。



林恩韵老師

不經不覺間已在基督書院工作一年有餘，回想過去一年依舊覺得恩典滿滿。初出茅廬的我被安排成為高中班主任，甚至要任教中四學生，心中難免有不安之情，恐怕自己未能勝任崗位。雖然事事並非一帆風順，是同學的包容體貼溫暖了我，使我知道付出並非枉然，路上仍有人在背後默默支持我。

我常覺得自己與學生是相互成就的關係，我教授你們書本上的知識，將我畢生所學的所有傳授給你們，你們的單純、善良也常常提醒我不要忘記自己心中柔軟的部分。

有幸在基督書院遇上每個特別的你，讓我有機會參與你們的成長過程，作你們路上的同行者。希望你們不但在學校學習知識，收穫友誼，同時不忘善良，在任何時刻都做個「擇善固執」的人。



黃穎研老師

今年是我在基督書院任教的第三年，除了課堂上的傳道授業，最令我感動的是我能在校園的各式活動中，欣賞到學生耀眼的另一面。在多次匯演和學生表演間，作為觀眾，我總坐在台下仰望舞台，看見學生們以自己的方式發光發亮，發揮著自己的恩賜。

教育不只是知識的傳遞，更是生命的點燃。於不同活動中，我看見了學生們在不同崗位上全力以赴的模樣——那份認真、那份喜悅，都令我不自禁地感動起來。

時光荏苒，兩年過去了。基督書院的學生依然可愛，是值得被愛的寶貴生命。願他們在基督書院的成長旅程中，不僅感受到老師們的關懷與教導，更深深經歷基督的愛。



劉寶華老師

基督書院是一所注重關愛、以人為本的學校。在過去一年的教學工作中，我深切感受到這裡良好的師生關係以及和諧的校園氣氛。面對課堂內外的各種問題，師生之間都會以理性溝通及彼此聆聽，尋求一個較好的方案，實在難得。除此之外，老師們非常用心，即使在百忙之中仍然籌備大量的活動，讓同學們能夠在多方體驗中學習並增廣見聞。

我相信每個人的性格都是獨特的，強弱各異。我為在這裡所遇見的人事而感恩。每次的挑戰都是我作為老師成長的養分，每次用心的反思，都帶來進步。願我們都能持續學習互相欣賞，共同成長，達至和而不同。



我們的使命

宗教教育課程規劃：

教育局於2024-2025年度頒布「宗教教育課程（中一至中三）修訂課程規劃」。本校亦繼承辦學使命：「培育學生成為見證『基督』新生代」，全面發展宗教教育事工，盼能透過教育讓學生奠下知識基礎，為自己立身處世培養正面的價值觀和對生活有積極的態度，進而服務社區，廣傳福音。

學校得到辦學團體九龍城基督徒會增撥資源支持堂校合作，拓展宗教組事工，讓中一新生適應及體驗多姿多彩的校園生活，提升學生個人品格，建立人生目標與方向，從而達至多元成長發展。在這個願景下，本校宗教科組與九龍城基督徒會攜手推行「基督人」生命培育計劃(CLC)，讓義工進到校園，透過宗教教育課及星期六CLC的活動，讓教會同工與學生建立關係，成為學生的生命師傅，陪伴他們成長。

一・生命師傅計劃（星期一至五）

透過宗教教育課堂體驗式聖經課程，與小組的生命導師及同學彼此分享、令同儕一起成長，培養正面的價值觀和態度，建立基督人素質。

二・「基督人」生命培育計劃（9-10月的每個星期六早上）

每位中一級學生皆可參與英語活動（3次）、數學趣味活動（3次）及一項自選OLE初體驗活動（6次）

英語活動：由外籍英語老師主領英語活動，提升英語學習興趣，打好英語基礎。

數學活動：由本校數學老師主領及高中學長協助，透過趣味數學活動，讓學生輕鬆愉快學習。

OLE初體驗活動：OLE —— Other Learning Experience的英文簡稱，意指其他學習經歷。

透過多樣的OLE初體驗活動（匹克球、舞蹈、籃球、話劇、舞台燈光及音響、攝影、結他、鋼琴、爵士鼓、烘焙及咖啡班、手工班、桌遊小組），擴闊學生的視野，培養他們的興趣。



宗教教育體驗式聖經課程生命導師及同學彼此分享



英語價值觀教育活動建立學生自信心



基督人生命培育計劃培育見證「基督」新生代



外籍英語老師主領遊戲學生積極投入參與



「FOLE初體驗」讓學生接觸新興運動

家長感言

計劃目標很好，看到老師和導師們盡心盡力，培育學生。最後讓學生有站台和展示成果的機會，學生都十分勇敢和投入。

計劃能提高學生對學校的歸屬感，學生之間和學校的核心價值連繫更緊密；欣賞學校和教會準備這個計劃，讓中一學生有機會在學習中成長，認識信仰及享受活動。

可以讓孩子更快融入中學生活，亦可嘗試未接觸過的東西；感謝學校付出時間為學生們創造機會。

欣賞多元化活動，透過六星期不同的基督人素質的主題，帶動學生學習感恩，愛神，愛人。

每一位基督學生都是獨特的，學校給予學生上台表演的機會，感恩。



堂校合作拓展宗教組事工

我們的驕傲

《平衡學業與興趣之道》

今年，我有幸成為香港體育學院下的電競運動員，更想不到在亞洲青年運動會中獲得金牌。我喜歡電子遊戲，但由興趣變成一份工作，這條路並不平坦。

有人認為電競只是娛樂，但它已列入來年的亞運項目，可見它已被正視，地位與其他運動項目一樣。若要將玩電玩這份興趣變為可以發展的事業，除了天份，更要比其他努力，這跟各項運動一樣，你沒有先天的天份，你是難以成為一個世界級的選手的。回想我走上電玩這條路，先是熱愛，再和朋友一起的玩樂，再慢慢發掘自己的能力，若要走得更遠，便要看看自己有沒有決心，熱誠加上決心才能堅持理想。

有人做電競選手是為了那豐厚的獎金及名聲，也有人是單純是源自熱愛。我呢？我清楚自己的目標，也慎選要攻克的遊戲，選好了，便努力鑽研，自會有令自己滿意的成績。

作為學生電競運動員，我認為電競選手不像傳統運動，沒有這麼容易受大眾支持。但我與其他同學一樣十分重視學習——一個大學學位，一張文憑可以讓你在不做運動員的時候，為自己保留一條出路，所以就算已成為世界級的電競選手，我也爭取時間拼命溫習，追趕公開試課程，這是十分重要的。在運動場上我是個敬業的電競選手，在課堂上我會專注學習。另外，學不可以已，我在投入電競時，會不忘進修——學習與人溝通的技巧及經營自己的社交媒體。

最後，學業與電競運動絕不是魚與熊掌的選擇，我有信心可將二者兼得。感謝家人及師友不時聽我的傾訴，不斷建議我作出正確的選擇，令我做出無悔自己的決定。

6D 陳栢賢



栢賢愛與師友談天說地



栢賢為自己、為中國香港而戰

《聲音》

我是一名再普通不過的學生，慶幸地我這匹駑馬也有伯樂賞識。一次的勇氣、一次的突破、一個「好」字的回應令我踏出舒適圈，步入一個不曾想像的門檻——可是這一步在日後卻有了回聲——我有幸成了沙田區傑出學生的一員。驀然回首，我最幸運的莫過於有一個溫暖的「大家庭」，在師長及朋友的協助下，我握住了這份來之不易的榮耀，獻上感謝。

面試那天，我獨坐在顛簸的巴士，異常躍動的心跳揭穿了強裝的鎮定。腦海中反復浮現的，是庾副校長的指導及好友蔡舒敏——也是上一屆的沙田傑出學生——的真摯叮嚀。

我心中默念「見賢思齊」這四個字無數遍。我視這場較量為一個見識才德、擁抱學習的契機而非僅是選拔時，盤踞的緊張竟悄然紓解，取而代之的，是一份面對包羅萬象的舞台油然而生的期待與憧憬，頓時有「抬頭望星，腳踏實地」的安全感。

對面的面試官不苟言笑、正襟危坐，坦白講，他的嚴肅彷彿在我的兩個嘴角上掛了千斤重的啞鈴，就連平日愛笑的我都只能擠出一抹苦笑。但當我憶記起這一路上，師友對我的鼓勵，頓時豁然開朗，重新綻放微笑，那是一個發自內心的、對過往所有溫暖的感激與回應的微笑。

這段旅程最珍貴的饋贈，是讓我遇見了一群熠熠生輝的同路人。他們是鏡，更是燈，映照我的不足，也照亮了我未曾正視的優點。在他們身上，我真正懂得了「山外有山」的深意，既看清了自己的邊界，也望見了浩瀚世界的無垠。這種認知並非打擊，而是一次眼界的擴展，一場令人煥然一新的啟蒙。

忙碌數月，心境如四季流轉。從初時的自我否定，到獲選時的欣喜，再到那份對身份的不配得感，曾讓我在光環與迷惘間輾轉徘徊，但更多的是，確切了我向前的決心。此刻的我，不再急於追趕遠方的光，而是更願意低頭深耕腳下的路，踏踏實實地令自己有所成長。

在這個夏天，我收穫的是在認清渺小後依然勇敢的自己，所有的忐忑與豐盈，最終都沉澱為生命土壤中最肥沃的養分，而這一切都歸根於我的恩師，我的伯樂——庾副校長。

最後，除了感激師友們的鼓勵，更要感謝天父帶我進入一所愛學校，令我可以安心成長，勇於突破，步向前面閃爍的晨星。

6D 陳慧妍



第21屆沙田區傑出學生陳慧妍



本校殊榮 2425

Category	Student/Group	Event	Awards
德育及公民教育	5D 陳泳諭、6D 陳慧妍、6D 李嘉穎	第二屆山東青島文化節暨沙田學生獎勵計劃2025	優秀學生獎
數學	3A 何俊樂	全港青少年數學挑戰賽2025	中三組銅獎
	3D 夏雋希	全港青少年數學挑戰賽2025	中三組銀獎
	2B 袁珏霖	全港青少年數學挑戰賽2025	銅獎
	4D 陳泳諭、5D 盧芷樂	中小學數學應用創意信息圖設計比賽(24/25)	優異獎
	4D 周睿舜、5A 梁敏亭、5D 吳思恩	中小學數學應用創意信息圖設計比賽(24/25)	銅獎
	1D 王諾希	2025 港奧數學奧林匹克公開賽「港奧盃」HKMO OPEN	中學一年級組銀獎
	3D 陳子聰	香港青年兒童數學精英賽2024	中學三年級冠軍
	2B 袁珏霖	「華夏盃」全國數學奧林匹克邀請賽2025（香港賽區）初賽	中二級三等獎
	3A 何俊樂	「華夏杯」全國數學奧林匹克邀請賽2025全國總決賽	中學三年級一等獎
	3A 何俊樂	「華夏盃」全國數學奧林匹克邀請賽2025（華南賽區）晉級賽	中學三年級組二等獎
	3A 何俊樂	「2024 香港學界數學及奧數精英賽」（中五數學組）	金獎
	3A 何俊樂	「華夏盃」全國數學奧林匹克邀請賽2025（香港賽區）初賽	一等獎（中學三年級組）
	2C 朱銘泉、2D 陳雅慧	初中科學線上自學計劃2025	銅獎
	1D 文樂瑤	初中科學線上自學計劃2025	銀獎
學術	3A 何俊樂、3D 鄺子謙	初中科學線上自學計劃2025	金獎
	5A 胡鎧瑤	Hyread 80日環遊電子書世界	HYREAD學校電子圖書館 借閱量最高獎
	3A 何俊樂	2025 亞洲國際數學奧林匹克公開賽(AIMO Open)晉級賽	中學三年級 金獎
	1B 朱凱琪、2C 朱銘泉、2C 黃曉晴	香港國際科學競賽初賽	優異獎
	1B 羅孔希、1D 蔡子軒	香港國際科學競賽初賽	銅獎
藝術	2B 陳曉童、2C 陳曉琪、2D 吳泳恩、4C 李穎瞳、 4C 唐晞琳、4D 梁喜兒、5B 李美兒、5C 張凱晴、 5C 徐子晴、5D 盧芷樂	第六十一屆學屆舞蹈節爵士舞及街舞	甲級獎
	4B 莊曉亮	2025「RE-FORM 饒宗頤文化館」建築、室內及園境設計比賽	最佳展示獎
	6B 陳家敏、6D 楊心琪	學生視覺藝術作品展2024-25	入圍參展
	6B 符鈺婷	學生視覺藝術作品展2024-25	銀獎
	1B 嚴在心、1D 凌愷翹、3A 張曉楠、3C 鄭 晴、 3D 李景璋、4A 姚柏灝、4B 何汶瀚、4C 陳穎晞、 5A 高詩瑜、5D 劉穎儀、5D 潘芷晴、5D 謝卓穎、 1D 王君信、2A 翁津熙、4A 賴煒錡	聯校音樂大賽2025 —— 中學合奏（弦樂組）	金獎
	5D 莊可澄	生成式AI藝術創作大賽《點語成丹青》	優異獎
	5D 蔡舒敏	生成式AI藝術創作大賽《點語成丹青》	銅獎
	5D 劉穎儀	生成式AI藝術創作大賽《點語成丹青》	銅獎
	5B 陸兆衡	生成式AI藝術創作大賽《點語成丹青》	銀獎
	後台： 3B 陳峻熙、3C 劉嘉晴、4A 莊子權、4B 盧梓銘、 4B 呂頌軒、5A 馬嘉俊、5A 伍英慧、5A 黃梓欣、 5B 鄭逸朗、5B 蔡鎬陽、5B 陸兆衡、5B 黃悅頤、 5C 謝鉞濤、5D 張采然、5D 羅皓楷、5D 吳思潼、 5D 魏美怡、5D 王星霖、	2024/25 年度香港學校戲劇節	傑出整體演出獎、 傑出劇本獎、 傑出舞台效果獎、 傑出合作獎
	演員： 1B 張信晞、1C 陳柏欣、1C 吳雪欣、1C 余志皓、 1D 鄒文皓、1D 吳若琳、2D 陳以琳、2D 劉芷瑩、 3A 陳澤灝、3A 黃進業、3A 王翠沂、3A 余卓穎、 3B 劉孝賢、3B 羅筠晴、3C 張可兒、3C 蔡佳盈、 3C 李思晴、3C 胡慧妍、4D 呂素怡、5A 吳卓姿、 5B 陳芷晴	2024/25 年度香港學校戲劇節	傑出整體演出獎、 傑出劇本獎、 傑出舞台效果獎、 傑出合作獎
	5B 陳芷晴、5A 吳卓姿、1D 吳若琳、4D 呂素怡、 1B 張信晞、1C 余志皓	2024/25 年度香港學校戲劇節	傑出演員獎
	6D 葉東愉	生成式AI藝術創作大賽2024 《點語成丹青》	校內最愛歡迎獎 冠軍
	5B 陳芷晴	生成式AI藝術創作大賽2024 《點語成丹青》	季軍
	5D 蔡舒敏	生成式AI藝術創作大賽2024 《點語成丹青》	校內最愛歡迎獎 亞軍
	6B 符鈺婷	「第六十二屆GASCA國際中文毛筆書法比賽」青年H組	冠軍
公民教育	4D 陳泳諭	學友社第三十三屆全港中學生十大新聞選舉 「認識大灣區」新聞挑戰賽	三等獎
體育	5B 張衍正	香港域士球V2錦標賽	公開組（單球）殿軍
	5A 葉冠宏	香港域士球V2錦標賽	中學組殿軍
	5A 葉冠宏	香港域士球V2錦標賽	公開組（單球）季軍
朗誦	2A 楊梓朗	第76屆香港學校朗誦節	粵語詩詞獨誦 冠軍 (中學二年級 男子組)
	5A 倪卓男	第76屆香港學校朗誦節	粵語歌詞朗誦 季軍 (中學四至六年級)
其他	1B 鍾熙文、1D 施瀚霖、2B 袁珏霖、3D 林梓朗、 4A 莊子權、4A 黃永城、4A 楊竣翔、4A 羅巧昕、 4D 莊柏唏、5C 張容精	IET/MATE ROV水底機械人香港區挑戰賽	Scout組別 亞軍