Christ College NEWSLETTER 2026-2027

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Address: Area 5A, Pok Hong Estate, Shatin / 新界沙田博康邨5A 區

Tel: 2635 3330 Fax: 2636 4588 Email: info@christcollege.edu.hk Website: www.ccst.edu.hk

Principal's address

Fuelled by Curiosity, Fortified by Gratitude

This year, our school has adopted the theme "Fuelled by Curiosity, Fortified by Gratitude." The theme verse is taken from 1 Thessalonians 5:16–18: "*Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus*." In today's fast-changing world, learning is no longer confined to textbooks or classrooms. Only by staying curious, exploring with an open mind, remaining grateful, and drawing on God's strength to persevere through difficulties can we go further and reach higher.

To help you put this year's theme into practice, I have three suggestions:

1. Stay curious and step boldly out of your comfort zone

Active exploration is where learning begins. God gave us the ability to explore the world, just as Matthew 7:7 says: "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." Learning is not about passively receiving information—it's about seeking and knocking for yourself.

The story of Ms. Lai Ka-ying, Hong Kong's first payload specialist, is a great example of active exploration. She was originally a technology crime expert in the police force, but her passion for the unknown led her to apply for the national manned space programme. Despite the tough competition and demanding tests, she pushed beyond her professional boundaries and eventually achieved her dream of reaching for the stars. Her story shows us that if we dare to explore, even dreams that seem out of reach can become reality.





2. Cultivate gratitude and cherish every opportunity

On the journey toward our dreams, we are never alone. Ms. Lai's success was made possible by the support of many experts, her family, and society. In our own lives, we should also take time to recognise the blessings around us—our parents' care, our teachers' guidance, and the friendships we share with classmates.

As 1 Thessalonians 5:16–18 reminds us, we are called to "rejoice always, pray continually, give thanks in all circumstances." People who are grateful see the good in life, treasure every learning opportunity, and turn the support they receive into fuel for moving forward.

3. Stay resilient in tough times and build inner strength

Astronaut training is extremely demanding, both physically and mentally. Ms. Lai stood out among many outstanding candidates because of her perseverance. Learning and growth are never easy—we all face setbacks and obstacles. But just as iron is tempered by fire, adversity can be the best training ground for building character. When you encounter difficulties, don't give up easily. Believe that you have the ability to overcome challenges, and keep pushing yourself further with each attempt.

Dear students, the new school year is a fresh start waiting for you to shape. May we all, like Ms. Ka-ying Lai, stay curious about the world, take that first step to explore, remain grateful, and grow stronger through every challenge.

Wishing you all God's blessings, academic success, and good health in the new school year!

Principal Wong Hon Man

Alumni Sharing



6A Fong Shing On, Ivan

Bachelor of Science and Master of Research

The University of Hong Kong

Carving My Path at University

Looking back on my six years in Christ College, time truly flew by in the blink of an eye. Starting my first year at the University of Hong Kong (HKU) brought a mix of pure excitement and mild anxiety. Wandering around campus on day one without a familiar face in sight, I felt a little lost wondering what this new chapter would bring.

Honestly, though, things turned out better than I could have imagined. Joining the Christian Association helped me feel right at home, attending orientation camp gave me hope and new friends, and studying geology has been nothing short of fascinating.

Leaving high school was the end of an era, but it is also the start of a journey I know will be unforgettable. While there is always plenty to worry about, life keeps moving forward. Taking that brave first step to find where we belong is how we carve out our own path.

I will always be grateful for everything Christ College gave me, and I wish you all the very best on your own journeys!



6D Tsoi Shu Man, Suemy

Bachelor of Media and Communication

City University of Hong Kong

During my time at Christ College, many of my teachers gave me the confidence and guidance I needed in both my studies and personal growth, teaching me to believe in myself. These lessons became the foundation that prepared me for the independence of university life, where I was given much more freedom and free time.

Drawing on the self-discipline and confidence I gained from my teachers, I learned to manage my time wisely and focus on continuous self-improvement. The orientation camp was especially valuable—it allowed me to meet people as well as expand my social circle, and build important connections.

Ultimately, the foundation built in secondary school, combined with the time-management skills and networks formed at university, continue to shape my ongoing growth.



6A Chan Chi Yin, Jason

Bachelor of Engineer

The Hong Kong Polytechnic University

From Christ College to PolyU: My Path in Civil Engineering

I am Jason, a recent graduate of Christ College. I am currently studying Civil Engineering at the Hong Kong Polytechnic University. When I first entered university, I was nervous about the brand-new environment and countless unknown challenges. I knew that starting a new chapter of life would not be easy.

University study is vastly different from secondary school. Professors focus on delivering professional knowledge, and students are required to learn independently. No one will closely monitor your progress or remind you to keep up with the curriculum. With plenty of professional knowledge ahead of me, I am ready to embrace this challenging yet fruitful journey in the next four years.

Looking back on my six years at Christ College, time passed incredibly quickly. My secondary school life was filled with sweet memories and tough moments. Apart from academic knowledge, the most valuable lesson I learned here is to stay positive and always be true to myself. Grades never define true success; keeping your original intentions and growing steadily is far more important.

I sincerely thank all teachers, classmates and school staff for their guidance and company. To my dear juniors, you may face study pressure and confusion in the future. Do not fear failures. Every effort you make will pave the way for your future growth.



6A Wong Tsz Yan, Yokina

Bachelor of Nursing

The Chinese University of Hong Kong

My Journey as a Nursing Freshman

Starting my university journey brings a mix of emotions. I will always cherish the memories of Christ College, where I was surrounded by the genuine support of my teachers and classmates.

Stepping into university life, however, is a completely different story. Gone are the days of step-by-step guidance; higher education demands a much greater level of independence. Without a fixed daily schedule or someone keeping us on track, we are granted total freedom, but it also means that we have to manage our time, plan ahead, and make decisions entirely on our own. It has truly been an eye-opening experience.

This shift has been especially intense academically. I am currently studying Nursing at the Chinese University of Hong Kong (CUHK). As a nursing student who did not study Biology in secondary school, I often struggle during medical lectures. Trying to build a foundational understanding of Biology from scratch while simultaneously absorbing complex nursing concepts feels like a steep uphill climb. Yet, every small step forward brings a sense of accomplishment and keeps me motivated.

Looking ahead, my immediate priority is establishing a consistent study routine to stay on top of my coursework. Beyond academics, I am committed to maintaining my physical and mental well-being. Ultimately, my long-term goal is to grow into a compassionate, competent, and globally minded nurse.



6D Tan Wai Yan, Grace

Bachelor of Science

The Hong Kong University of Science and Technology

From Christ College to HKUST

Leaving the familiar halls of Christ College was bittersweet, but stepping into university life marked the start of an exciting new adventure. Upon arriving at the sprawling campus of the Hong Kong University of Science and Technology (HKUST), I was immediately struck by how foreign everything felt. The sheer size of the school campus, the new faces, and the heavier workload felt overwhelming at times, and I often found myself missing the warm, close-knit community of Christ College and the comforting routines and unwavering encouragement of my teachers.

Yet, the resilience and discipline I built in Christ College quickly became my anchor. That supportive environment taught me not just how to study, but how to find genuine joy in the learning process. Guided by those lessons, I have begun to navigate dynamic campus life, balance my workload, and speak up whenever I need help.

My plan ahead is to stay focused on my studies, join meaningful projects, and pick up new skills along the way. I do not have every detail figured out yet, but I am eager to see where this path leads.

Christ College will always be a chapter I cherish. It gave me the courage to step forward. To my fellow CHRISTians: enjoy every moment, and trust in the strong foundation your school is building for you.



6B Choy Ho Yeung, Johnny

Bachelor of Business Administration

The Chinese University of Hong Kong

Reminiscing about my time at Christ College, I feel truly grateful. It is not only because I made many friends, but also because so many teachers stood by me whenever I faced setbacks. When I was grappling with difficulties, the teachers at Christ College always offered me practical solutions.

One key lesson I took away from my time there is the importance of being proactive. The teachers are warm and approachable. Whether they were my instructors or not, I could turn to them whenever I was troubled by a problem — but the most crucial part was that I had to take the first step to reach out.

Thanks to my teachers' support, I achieved satisfying results in the HKDSE and successfully gained admission to the Chinese University of Hong Kong. Nurtured by Christ College, I have grown into a more resilient and proactive individual. I am confident this will help me tackle future challenges with greater ease. Upon graduating from university, I hope to give back to my alma mater.



6A Cheung Karsen

Bachelor of Science

The Chinese University of Hong Kong

A Strong Foundation for the Next Chapter

I have spent six years at Christ College. Six years sounds like a long time, but it passed much faster than I thought. Looking back, I am deeply grateful to have studied here and to have met so many like-minded friends, as well as teachers who were always ready to offer a helping hand.

From encouraging me to participate in the Speech Festival, to answering my academic questions, to offering emotional support when I was overwhelmed by the DSE, my teachers constantly inspired me to become a better version of myself.

Having finished the DSE, I am thrilled to have entered the Chinese University of Hong Kong to study Science, and I am genuinely excited for campus life. I do not fear the challenges ahead, for Christ College has already taught me how to face obstacles, push through them, and come out stronger.



6A Ngai Cheuk Nam, Archie

Bachelor of English Language Studies

Hong Kong Metropolitan University

The Loveliest Fate: From Cherished Memories to a New Beginning

Looking back at my secondary school years, it still feels unreal that I have already graduated. Just the other day, I woke up at 7:50 AM, reflexively grabbed my uniform, and made a dash for the door—only to pause and realize that I have already stepped into a brand-new chapter.

Christ College gave me far more than textbook knowledge and exam preparation. It gave me lifelong friendships that carried me through stressful weeks, alongside teachers who believed in me even when I struggled to believe in myself. The laughter, hardships, and challenges will remain in my memory forever.

Now, as a first-year university student, I am learning to navigate a new campus, meet new people, and embrace an evolving version of myself. I am ready to step out of my comfort zone, adapt to this new environment, and let myself grow.

I carry deep gratitude for where I came from. To everyone who was a part of my secondary school journey: thank you for shaping who I am today. Crossing paths with all of you truly was the loveliest fate I could have imagined. Thank you, and may our paths cross again.

Our Net Teachers

Ms. Rebecca



Hi everyone, I'm Rebecca! Let me introduce myself... I am from Northern England, but I have been living in Hong Kong for three years. I really like Hong Kong so much, I love that everything here is FAST!

My main hobby is reading, and I'm open to all sorts of literature—simply put, I just love stories! I enjoy webcomics, graphic novels, manga, fiction, non-fiction, and novels—you name it. I also like art, musicals, cooking and games. I was recently introduced to Rummikub, and I cannot explain how much I adore it. Please come play with me so I can level up! I always find a way to stay active every week through all kinds of activities, whether it's badminton, bowling, running, or roller-skating —whatever is available! My current goal is to learn how to play table tennis; I have tried once so far with tragic results.



Furthermore, as my true passion is stories, I love learning all about the students. I really enjoy hearing whatever they'd like to share. I will always have time for a chat if they want to practice speaking, or if they just want to talk about their day or their hobbies! I'm so excited to be here at Christ College and I am really looking forward to speaking lots with everyone. I hope we can all work hard together as a team!

Mr. Thomas



Offering a few words to introduce myself and share about teaching is a real pleasure!

I'm a 52-year-old Briton but after 24 years teaching in Hong Kong I have to admit my outlook and personal culture are quite local! This is even more true for my kids, who both attend local School and its especially true for my wife who is an HK-er herself. Being 'localised' has a few benefits not least of which is a level of understanding of the needs of students that I would not otherwise have.

My teaching philosophy emphasises a positive and supportive student-teacher relationship in which clear expectations and standards are set early. I enjoy interacting with students and give credit to the social side of teaching for keeping me young at heart!

Outside teaching? I love the arts! My undergraduate degree is in English and Art and in my free time I enjoy creative pass-times such as writing, rapping, singing, drawing, dancing, reading and RPG gaming. As the years pass I am also becoming more and more interested in fitness and health. Having two children is certainly a great motivator for me to put 'health in the bank' for my imminent old age.



Accept my thanks for reading this and also please accept my best wishes for you on your journey with English!

Ms. Kaur



Hi everyone, we have officially spent one year together in Christ College, and I can honestly say it has been the most fun and growth I've experienced in a long time.

As a Christian school that emphasizes gratitude so much, I want to begin by thanking you. Thank you for treating me as your own and for trusting me. Your kindness and generosity—a compliment, a shared sweet, banter outside the staff room—means the world to me. Seeing you grow, not just in English but as people makes me so proud.

Through your oral lessons and with my dear 2D Year 2526, I learned more than I ever taught. You reminded me of the beauty of music and performing for joy, and showed me innocent wonder, young ambition, and fearless courage. You reteught me things I had long forgotten: how to laugh without holding back, how to be curious without shame, and how to dream without limits. I couldn't have asked for a gentler and cuter batch of students.

A big shoutout to the English Gang Gang and much love to S6 this year, who have always shown up with such grace and grit. Thank you for turning "just an activity" into memories we'll carry for years.

So let me reintroduce myself. I'm a proud Hong Konger of Indian descent, raised on my parents' Punjabi roots and a "very" Chinese social circle. I speak six languages and have always struggled to identify with just one culture, so falling for language and culture was the easiest thing I could do. Which is exactly why I feel so at home here, with all of you, in this wonderfully mixed little world we've built.

Here's to another year of laughter, growth, and moments. Let's make it a good one.

English Activities

The English Department Teaching Team



English Speaking Days let students explore global cultures and the English-speaking world through interactive games and conversational practice.









Booth games during the English Festival are a 'real-life' learning experience. Meeting people with diverse backgrounds, learning and playing together.







The Annual Talent show was an awesome platform for students to be free on stage. Everyone was a winner!









S1 Cooking Competition was an English tour de force for our youngest students.





Healthy and yummy!

S2 Fashion Show was full of creativity, music and style. Natural themes emphasized sustainability.





Our Debate Club took a team to Kowloon Tong and 'crossed swords' with students from another school in a 'friendly debate'.





Public speaking through debate builds confidence and skill.

Students lead discussions and conversations, practicing public speaking.



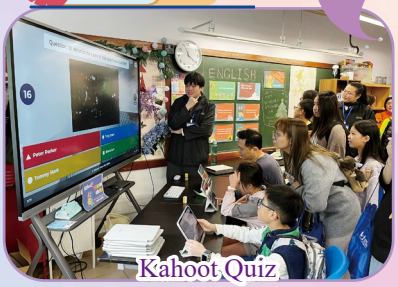
Touching Song Dedication to Farewell S6 Students





Happy Friday Podcast

Student Led Information Day



Kahoot Quiz



Memory Card Game

S1 Christian Life Coaching for group work and games to build character and English competence at the start of the year.







Mock Interviews



Dart Game



新老師介紹

施養蔚老師（中文科）



初秋九月，漫步校園，處處洋溢溫暖與活力，讓我對未來的校園生活滿懷憧憬。語文是溝通的橋樑，也是點燃思考的火花，我期盼與各位中文科老師一同引領同學徜徉於書香之中，在課堂內外，感受文字的溫度，拓展思維的深度，領略中華文化的厚度。

余詠豪先生

不知不覺，在基督書院已經一年了。除了日常的支援工作外，還會與一眾後台學生們在影音方面協助不同的活動如音樂比賽等。同學經驗尚淺，但很多別出心裁的想法，令我耳目一新。願主繼續引領，讓我在不同方面與各位老師、學生同行。



楊詠宜老師（宗教科）



很高興加入基督書院，期待與大家互相勉勵、彼此學習，幫助每位同學發揮潛能。在教學中陪伴、引導，建立學生的自信與良好品格。正如《聖經》所說：「教養孩童，使他走當行的道，就是到老他也不偏離。」

余啟榮老師（數學及科學科）

十分有幸成為基督書院的一員。很感恩基督書院的學生活潑認真，同事親切互助，讓我很快融入這個大家庭。盼望在未來日子裡，能以生命影響生命，與同學一同成長，共同實踐基督的愛，成為彼此路上的同行者！



杜美怡姑娘



剛加入基督書院這個大家庭，最深刻的是常常看到大家的笑容，感受到滿滿的熱情！雖然成長路上難免有晴有雨，但在未來的日子裡，姑娘希望陪伴同學們一起成長。不論是學業上遇到瓶頸，還是單純想找人傾訴、聊天，任何大小事情都歡迎同學隨時來找我！

容巧嵐老師（歷史及地理科）

今個學年有幸加入基督書院，初執教鞭，並擔任中一班主任。中一同學們的率真活潑，同工們的熱心扶持，讓我很快便適應了新環境，深深感受到這個大家庭的溫暖。我閒時喜愛閱讀，也喜歡親近大自然，從中發掘生活的美好。期盼日後能與大家教學相長，互相砥礪，陪伴同學在「愛中建立自己」，一同結出豐盛的果子！



劉漢棋老師（體育科）



很開心成為基督書院一份子，同學給我感覺溫和有禮，樂於學習；老師們守德專業，是一支優秀的教育團隊。期望與大家一起成長，一起學習，成為一個關愛感恩的人。

郭詩妤老師（中文科）

加入基督書院的一年只覺時光荏苒。憶起過去一年學校生活的點滴，學生的模樣頓時躍然紙上。一副副活潑有禮、積極樂觀的面孔感染了初為人師的我，教學的路上，既遇過迷惘卻又充滿快樂，正是這間學校的師生，讓我體會到自己不是踽踽獨行，來年的日子也必懷感恩，與你們一同經歷學習的旅程。



賴悅婷老師（公經社科）



一年的時光在忙碌中按下了快進鍵，不經意間，加入基督書院已整整一年。親切的老師們、友善的同學們、整個校園的溫馨氛圍都讓我十分感恩能加入這個家庭。期望在新的一年，能與各位基督人一起進步，見證更多恩典！

鄺善珩老師（數學、ICT及生物科）

很高興加入基督書院這個充滿活力與關愛的校園，初次接觸已感受到師生親切友善、積極投入。我盼望在課堂上與同學一起探索知識，培養邏輯思維和解難能力，並在校園生活中彼此交流、共同成長，創造愉快而充實的學習經歷。



黃裕亨老師（數學科）



新學年是全新的起點，希望有更多機會與大家相處，不論是課堂上的知識探索，還是課後的交流打鬧，我都渴望成為同學們的同行者。希望接下來的日子裡，我們能互相學習、一同成長。大家平日若在校園見到我，非常歡迎打個招呼Say個hi喔！

梁嘉倫先生

轉眼間，在基督書院的工作已滿一年有餘。回想去年初出茅廬，剛從被關顧的學生轉變為關顧他人的輔導員，身份的轉換與陌生的環境曾讓我難以適應，甚至深感壓力。極其感恩的是，能在「基督」遇見一眾溫暖體貼的同工與活潑可愛的學生，他們的關懷與包容，溫柔地撫平了我起初的焦慮與不安。展望未來，願能攜手同行，用愛陪伴學生茁壯成長。



謝家樂老師（體育科）

今年度我有幸加入基督書院這個大家庭！雖初來僅一個月，但已被同事的溫暖與學生們的熱情所深深感染。角色與身份的新轉變，讓我懷著無比的熱忱與活力，幫助我樂觀地迎接新挑戰和困難，希望能以這份熱情感染身邊的每一位同工與同學！展望新學年，期待能與大家並肩同行，激發學生的學習熱情，為校園注入更多活力和正能量！



基督書院致力推行全人教育，透過多元活動傳承中華文化，以社區服務躬行關愛精神，並藉全方位精神健康活動滋養學生身心靈，培育具視野、愛心與抗逆力的「基督人」。

多元中華文化學習之旅

學校透過多元化的校本活動、跨科組合作及境內外考察，引領同學走出課堂、親身體驗，從古聖先賢的智慧到現代科技的璀璨，全方位感受中華文化的獨特魅力。

一、體驗傳統美學，傳承文化薪火

中華文化周體驗



文化周主題為「身心和樂」，透過中華傳統文化活動，激發同學對傳統文化的興趣。

經典美文誦讀



本校同學積極參與「粵港姊妹學校中華經典美文誦讀比賽」，以聲情並茂的朗誦演繹傳統文學，深化語文素養與文化底蘊。

跨科組周會交流



以「親親而仁民，仁民而愛物」為主題舉行跨科閱讀周會，將儒家仁愛思想融入校園日常，培養學生的品德素質。

二、 走訪文化勝地，尋根聖賢智慧

山東文化考察團



同學們遠赴齊魯大地，開展「一天一地一聖人」考察之旅，身穿漢服親臨稷下學宮，尋訪孔子故里，身臨其境感悟儒家思想的源遠流長。

澳門文化遺產考察



公民科組織「澳門文化遺產考察之旅」，學生實地考察大三巴牌坊等歷史建築，深入了解中西文化交融的獨特歷史背景。

三、深化大灣區交流，前瞻科技與職涯

姊妹學校雙向互動



接待深圳姊妹學校到訪交流，並參與「2026大灣區學校新年音樂會暨姊妹校藝術教育成果展交流活動」，深化兩地師生的友誼與文化藝術共鳴。

大灣區職涯與科技探索



同學們參與「大灣區職涯探索之旅——佛山兩天團」，同時前往深圳開展「高新科技與閱讀文化考察之旅」，親身體驗國家在科技創新方面的迅速發展。

走出課堂躬行愛心 走進社區廣傳溫暖

我們深信，學習不限於課堂，關愛需踐於同行。唯有親身走入社區、服侍鄰舍，學生方能深刻體會「關愛樂群、珍惜感恩、柔和謙遜」的基督人素質，以行動傳遞愛心，用陪伴溫暖社區。

一、體驗學習

學校為中一及中四全級學生安排義工培訓及上門探訪長者活動。同學走訪乙明邨及沙角邨，上門探訪長者，為獨居及有需要的長者送上實質關懷與溫暖。





二、節慶共聚

在中秋節、農曆新年及聖誕節期間，同學參與「水泉澳邨中秋歡聚慶團圓晚會」、「香港青年協會鄰舍團年飯2026」、「2025 普邨同慶泉聖誕」義工服務，與街坊歡聚一堂，共度佳節。







三、福澤鄰舍

藉著「躍動鄰舍」跨代運動計劃、「Peacebox祝福大行動」及「長者學堂」，本校積極搭建跨代交流的橋樑——既讓同學步入社區，亦迎街坊長者踏足校園。這種雙向的互動，織就了長幼共融的溫馨新景致，將滿載愛與希望的祝福，播撒在社區各個角落。









四、卓越表現

同學在服務中的用心付出與卓越表現，獲得了社會各界的肯定。在「賽馬會眾心行善：傑出服務策劃比賽2026」中，本校學生憑藉出色的服務方案榮獲「優異獎」。

正向同行　關愛身心

基督書院向來關顧學生的身心靈健康，過去一年舉辦了不少校本精神健康活動，除了培養學生建立正向積極、珍惜感恩的生活態度，更希望提供減壓放鬆的空間，加強學生的幸福感及抗逆力。

一、雪糕傳情・共勉打氣

「壓力煩惱 Let's Eat 糕」——為了讓師生在百忙中放鬆身心，輔導組「樂活學會」於6月安排了富豪雪糕車入校，藉着冰涼的雪糕、「師生共勉牆」給大家打打氣，在緊張的備考期為學生注入滿滿的正能量。







二、愛語同行・表達感恩

美國著名牧師蓋瑞・巧門博士(Dr. Gary Chapman)曾歸納五種愛的語言，如肯定言語、真心禮物、服務行動等，每年學校都會舉辦「關愛周」，透過寫下鼓勵同學的字句、道出感謝的說話、為同學按摩等，表達謝意及關心，並增強與身邊人的連繫。

三、正向生活・情緒調節

下學期輔導組舉辦「正向生活周」，邀請同學親手製作溫馨的乾花小燈，或是光臨「心晴空間」泡杯花茶、喝杯咖啡；坐在沙發上透過按摩坐墊來放鬆腰背；或是排隊玩時下最火熱的多巴胺夾公仔機，讓同學從中學習有效及健康的情緒紓緩方法，提升情緒調節的能力。





忘憂站

四、身心伸展・自我關懷

我們明白即將應考文憑試的中六學生常有精神緊繃的情況，因此輔導組每年都會舉辦「鬆一鬆運動小組」，請來專業的導師示範，指導同學做出不同的伸展動作，學會省察自己的身體需要，自我關懷；同時改善各種痛症，例如：肩頸痛、腰痛，以期放鬆身心，迎接未來的挑戰。



正向生活周



寒流送暖 幸福在旁



中六級「齊來鬆一鬆」

本校殊榮2025-26

類別	學生	活動／比賽	獎項
學術	3A楊梓朗	第77屆香港學校朗誦節	粵語詩詞獨誦 亞軍 （中學三年級 男子組）
	6A 倪卓男、張珈瑞	第77屆香港學校朗誦節	粵語二人朗誦 （中學五、六年級）
	6A 倪卓男	第77屆香港學校朗誦節	粵語詩詞獨誦 亞軍 （中學五、六年級 男子組）
	6A 倪卓男	第77屆香港學校朗誦節	粵語歌詞朗誦 亞軍 （中學四至六年級）
	6A 倪卓男	第77屆香港學校朗誦節	粵語散文獨誦 亞軍 （中學五、六年級）
	4A 何俊樂	2025 香港學界數學及奧數精英賽	「中四數學組」金獎
	2D LEUNG WAI SUM	Young Post Write to Win Competition	First runner-up
	6D CHENG KIN MAN	77th Hong Kong Schools Speech Festival (English Speech)	Solo- Second Runner Up
	2D CHU KIU YAN	77th Hong Kong Schools Speech Festival (English Speech)	Solo- Champion
	2D CHAN LING NGA	77th Hong Kong Schools Speech Festival (English Speech)	Solo- First Runner Up
	2C 黃嘉欣	香港國際科學競賽初賽 2025 – 2026	SILVER AWARD
	2C 馬詩蕊	香港國際科學競賽初賽 2025 – 2026	GOLD AWARD
	團體 4A 林健城、4A 廖倫偉、4B 戴麟光、4D 吳洛宇、 4B 吳嘉舜、4B 吳子朗、4A 蘇啟言、2D 王諾希、 1C 胡樂禧、3A 陳衍熹	中國象棋聯校比賽	中國象棋聯校比賽
藝術	5C 曹柏希	生成式AI藝術創作大賽《點語成丹青》	銀獎
	5C 譚沅孜	生成式AI藝術創作大賽《點語成丹青》	銅獎
	5C 張若晞	生成式AI藝術創作大賽《點語成丹青》	優異獎
	中文話劇組 1A 趙慧茵、1A 盧加穎、1D 陳鎧嵐、1D 吳天穎、 2A 張信晞、2C 鍾霈怡、2C 顏兆東、2C 余志皓、 2D 陳鈴雅、2D 吳若琳、2D 譚以澄、3A 簡佩兒、 3D 陳以琳、3D 劉芷瑩、4A 蔡佳盈、4A 王翠沂、 4C 胡慧妍、4D 張可兒、4D 劉孝賢、4D 李思晴、 5D 呂素怡、5A 劉星雨、5B 盧梓銘、5B 呂頌軒、 5B 莊曉亮、3B 陳峻熙、3B 吳芊漩、5B 謝國賢、 3A 曹展蓎	香港學校戲劇節	傑出整體演出獎、 傑出劇本獎、 傑出舞台效果獎、 傑出合作獎、 傑出演員獎（15位）
	高級混聲合唱團 3A 吳若熙、3B 游雪薇、3C 陳洛妍、3C 張曦文、 4A 楊卓敏、4B 李沅臻、4C 黎慧炘、4C 李　盈、 5A 林曉薇、5A 黃依琳、5B 許柔柔、5C 譚沅孜、 5D 周芷瑩、5D 郭天恩、5D 余敬慧、4D 余卓穎、 2A 石竣銘、2C 彭建浠、3A 周睿哲、3A 林展光、 3B 陳敏雋、3B 唐珈御、3C 陳卓謙、3C 張逸謙、 3D 譚學文、4A 夏雋希、4A 李景璋、4D 郭浩謙、 5B 謝國賢	香港聯校音樂大賽2026	高級混聲合唱團（金獎）
	2C 黃子嫣、2D 吳若琳、3D 藍雅蕾、3D 韓子琳、 4B 顏曦晨、5B 林詠詩、5D 郭天恩、3D 譚學文、 5A 林曉薇、5B 謝國賢、5B 李雅曈、5D 呂俊澤、 5D 黃駿杰	香港聯校音樂大賽2026	無伴奏合唱小組（金獎）
	弦樂小組 1B 黎思晴、2C 周穎茹、2D 凌愷翹、4A 李景璋、 4D 鄭　晴、4D 張曉楠、5A 姚柏灝、5B 何汶瀚、 5C 陳穎晞、3C 翁津熙、5A 賴煒錡	香港聯校音樂大賽2026	中學小組合奏（金獎）
	3B楊子博	第一屆粵港澳大灣區素描大賽	冠軍
	3A 周睿哲、3B 陳敏雋、3C 張逸謙、3D 陳柏熙、 3D 譚學文、4A 林柏希、4A 李景璋、4D 吳昊臻、 5B 謝國賢、4D 李梓熙、	香港校際合唱節2026比賽暨大師班	銀獎
	高級混聲合唱團 3A 吳若熙、3B 游雪薇、3C 陳洛妍、3C 張曦文、 3D 韓子琳、3D 藍雅蕾、3D 王巧琳、4B 李沅臻、 4C 黎慧炘、4C 李　盈、5A 林曉薇、5A 黃依琳、 5B 許柔柔、5B 林詠詩、5C 譚沅孜、5D 周芷瑩、 5D 郭天恩、5D 余敬慧、2A 石竣銘、2C 彭建浠、 3A 周睿哲、3A 林展光、3B 陳敏雋、3B 徐　一、 3C 陳卓謙、3C 張柏森、3C 張逸謙、3D 陳柏熙、 3D 譚學文	香港校際合唱節2026比賽暨大師班	銀獎

類別	學生	活動／比賽	獎項
體育	4B 郭　曦	2026年陸上兩項鐵人聯賽（比賽2）	男子青年2組 季軍
	2B 李蔚婷	全港速度跳繩挑戰賽2025	12歲女子組 交叉開跳 冠軍、 12-14歲女子組 2x30秒交叉開跳接力 冠軍
	女子組： 2C 蘇芷淇、1C 陳凱旋、2D 余嘉恩 男子組： 5B 呂頌軒、2C 余志皓、3A 羅樂熹、5A 胡嘉樂	2025香港青少年足毽比賽	中學組團體賽 男子組 / 女子組 冠軍
	2B 尹卓謙	香港青少年分齡田徑錦標賽	200米冠軍
	2C 謝明昕	中學校際劍擊比賽	女子丙組 重劍季軍
	6B 張衍正	2025-2026香港域士球錦標賽	公開組雙打四球冠軍， 公開組健步單打三球季軍
	3A 曹展蕎、3B 梁芷彤	2025-2026香港域士球錦標賽	中學組混合雙打四球殿軍
	6A 葉冠宏	2025-2026香港域士球錦標賽	中學組單打單球季軍
	6A 葉冠宏、3D 李昊霖	2025-2026香港域士球錦標賽	中學組混合雙打四球亞軍
	4C 陳澤灝	2025-2026香港域士球錦標賽	中學組單打單球殿軍
	4C 陳君瑤	2025-2026香港域士球錦標賽	公開組混合雙打四球殿軍、 公開組女單三球殿軍
	4C 陳君瑤、3B 陳子悠	2025-2026香港域士球錦標賽	中學組混合雙打四球季軍
	3A 陳曉童、3D 吳泳恩、5C 李穎曈、5C唐晞琳、 5D 梁喜兒、2C 楊善彤、1C 鍾韻祺、1C方芷芊、 1C 黎佩穎、1D 韋日童、1D 朱樂萁	第六十二屆學校舞蹈節	優等獎，編舞獎
	1A 葉樹坤、1B 葉振凱、2A 布鉉曦、2B 勞浩然、 2B 尹卓謙、2C 李逸俊、2C 賴政愉、2C 李韶翀	沙西區中學校際田徑比賽	男丙團體第六名
	4A 程錦鵬	沙西區中學校際田徑比賽	男甲標槍季軍
	3B 吳峻安	沙西區中學校際田徑比賽	男乙100米殿軍
	1A 葉樹坤、2A 布鉉曦、2B 尹卓謙、2C 賴政愉	沙西區中學校際田徑比賽	男丙4x100接力亞軍
	2B 尹卓謙	沙西區中學校際田徑比賽	男丙100米亞軍
	2B 尹卓謙	沙西區中學校際田徑比賽	男丙200米冠軍 （破沙西區學界紀錄）
	2D 簡蔚喬	沙西區中學校際田徑比賽	女丙跳遠亞軍
STEAM	4A 王翠沂	MATH CONCEPTITION 數學・思維大激鬥 2026 (香港賽區個人賽)	銅獎
	4A 何俊樂	MATH CONCEPTITION 數學・思維大激鬥 2026 (香港賽區個人賽)	銀獎
	1A 潘浩銘、1C 劉皓軒、1C 林潤謙、2A 黃浚鋒、 2B 彭梓桓、3B 程永祈、4B 曹鎧威	全港無人機足球校際聯賽2025-26 （第三季）	Division 1：冠軍
	1A 潘浩銘、1C 劉皓軒、2A 黃浚鋒、2B 彭梓桓、 3B 程永祈、3B 唐珈御、4B 曹鎧威	全港無人機足球校際聯賽	Division 2：中學組亞軍
德育及公民教育	2A 曾柏晞、2B 周德權、3A 吳若熙、 3A 顏兆佩、 3C 劉祉嬈、3C 張曦文、4A 楊卓敏、 4B 廖梓彤、 4D 張可兒、4D 吳洺宇	「心繫家國」—— 2025/26粵港姊妹學校 中華經典美文誦讀比賽（香港賽區）	中學組優異獎 （表現力和感染力）



壁畫藝術Living Water<活水>


午間音樂會


藝術日營


音樂周會


流行爵士舞班
<You are good enough>


中文話劇<甜蜜的覺醒>